



WOMAN'S CLUB OF LAKESIDE

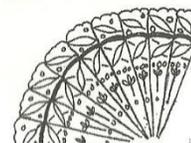
Meets on the 4th Thursday of the month.

P.O. 98, Lakeside 92040

A Member of General Federation of
Woman's Clubs, Southern District

The Oldest Service Club in Lakeside,

Now Celebrating 110 Years



FANMAIL

Volume 19 No. 6

September 2021



FROM PRESIDENT

LISA SHARP

I hope to see everyone at our meeting. Please remember we are not allowed to bring in our own beverages including water, please respect the agreement we made with the VFW.

Welcome back ladies, I hope everyone had a nice summer. I would like to thank all of the Woman's Club of Lakeside that came and supported our Southern District Summer Picnic on September 1st. I would also like to thank all that helped out at the event especially **Linda Cowle, Barbara Meyer and Cindy Kelly.**

Barbara Meyer, Joan Tilly and I have been discussing our meetings and lunch service. Because we are now meeting in the morning serving lunch doesn't make any sense. The lunch crew would need to leave the meeting to pick up the food so they would miss out on the actual meeting.

Therefore we have decided for the near future we will be serving breakfast snacks just like what is served at the Southern District meetings. We do have the option of having the VFW make a lunch for us so this is something we will discuss at our meeting. We can also have a potluck a couple of times a year. Please let me know what you think at our meeting.

NEXT MEETING. THURSDAY SEPTEMBER 23, 10 A.M., LAKESIDE VFW

**HOSTESSES: Terry Ponce, Gloria Rinehart and
Cindy Kelly**

RAFFLE BASKET: Doreen Baker

BRING:

- HELPS CENTER: Canned vegetables, soup
- Baby Items for Crisis House

Raffle Baskets

Oct Liz Harris

Nov Terry Ponce

Dec Barbara Meyer

The General Federation Women's Clubs (GFWC) is the largest and oldest international service organization of volunteer women in the world. It is comprised of fifty-two State Federations including the District of Columbia and Puerto Rico, eight regions, and four hundred and twenty-one districts.

GFWC.org

The California Federation of Women's Clubs is part of an international community service organization, which provides education, training and interaction opportunities for volunteers who are committed to individual growth and community improvement to enrich the quality of life throughout California and the world.

CFWC.org

WOMAN'S CLUB OF LAKESIDE

Established in 1910

www.womanscluboflakeside.org

President	619-403-3875	Lisa Sharp
Vice-President		Barbara Meyer
Secretary		Adrienne Lostaunau
Treasurer		Linda Cowle
Directors	Andrea Canfield/Linda Cowle	
Newsletter		Carolyn Bass
Website Content Manager		Sharon Smith
Membership Chair		Liz Harris
Sunshine Chair		Cindy Kelly
Telephone Comm.		
Historian		Esther Croteau
Photographer		Liz Harris
Parliamentarian		Patricia Barnes
Auditor		Pat Meacham
Inspirational		Sandie Campbell
District Delegates	Tina Anderson/Andrea Canfield Cheryl Fuller	

**Cindy Kelly
Sunshine Chair**



Please contact her if you know of a member in need of a card. If anyone hears of a member or member's family being ill, or death in the family, please let Cindy know. Cindy can be reached at 619-561-3075 or at Cb03@cox.net.

Donna Swink & Diane Rininger received get well cards. A sympathy card was sent to **Barbara Meyer** upon losing her sister Marcia. A sympathy card was sent to **Jean Magarrell** in July. A belated sympathy card was sent to **Debbie Miller** for the passing of her father,

Check out our website:

www.womanscluboflakeside.org

PROJECTS FOR 2021

Our current projects include

- Lakeside Christian Help Center (donations of goods or money)
- Cancer Research Funding and Support
- Veterans
- Lakeside Farms' Peace Patrol
- Art Show/Run for the Arts
- Quilt Show
- Box Tops for Education
- Lakeside Historical Society
- Bunco Fundraiser (to benefit the community)
- Domestic Violence Awareness
- Not to be Forgotten Rally
- Final Honor
- It's Not Okay



CRISIS HOUSE

The Domestic Violence Committee, at the March Zoom meeting, proposed supporting the Crisis House in East County by having a Baby Drive and donating baby items. Here is a list of items that are needed:

- Diapers (All Sizes)
- Formula
- Baby Food
- Baby Cereal
- Baby Wipes
- Diaper Bags
- Diaper Rash Creams
- Blankets
- Bottles, Bibs and Burp Cloths
- Bath and Hygiene Items
- Gift Cards for specialty items

HAPPY BIRTHDAY

September 16th- Barbara Channell
September 22nd- Adrienne Lostaunan
September 26th-Denise Kane



ENJOYING THE SUMMER PICNIC
SEPTEMBER 1, 2021

A must read

Thank you Sandie for this 6-24-2021

I asked a friend who has crossed 70 & is heading towards 80 what sort of changes he is feeling in himself. He sent me the following:

1 After loving my parents, my siblings, my spouse, my children and my friends, I have now started loving myself.

2 I have realized that I am not "Atlas". The world does not rest on my shoulders.

3 I have stopped bargaining with vegetable & fruit vendors. A few pennies more is not going to break me, but it might help the poor fellow save for his daughter's school fees.

4 I leave my waitress a big tip. The extra money might bring a smile to her face. She is toiling much harder for a living than I am.

5 I stopped telling the elderly that they've already narrated that story many times. The story makes them walk down memory lane & relive their past.

6 I have learned not to correct people even when I know they are wrong. The onus of making everyone perfect is not on me. Peace is more precious than perfection.

7 I give compliments freely & generously. Compliments are a mood enhancer not only for the recipient, but also for me. And a small tip for the recipient of a compliment, never, NEVER turn it down, just say "Thank You."

8 I have learned not to bother about a crease or a spot on my shirt. Personality speaks louder than appearances.

9 I walk away from people who don't value me. They might not know my worth, but I do.

10 I remain cool when someone plays dirty to outrun me in the rat race. I am not a rat & neither am I in any race.

11 I am learning not to be embarrassed by my emotions. It's my emotions that make me human.

12 I have learned that it's better to drop the ego than to break a relationship. My ego will keep me aloof, whereas with relationships, I will never be alone.

13 I have learned to live each day as if it's the last. After all, it might be the last.

14 I am doing what makes me happy. I am responsible for my happiness, and I owe it to myself. Happiness is a choice. You can be happy at any time, just choose to be!

I decided to share this for all my friends. Why do we have to wait to be 60 or 70 or 80, why can't we practice this at any stage and age?

I borrowed this. I don't know who to credit it to, but thank you!

**Our newest members below– paste on
page 13 of your red membership book**

Crystal Grobner (Carl)

8452 Golden Ridge Rd

Lakeside, CA 92040

619-253-4703

crystalgrobner@gmail.com

BD 12/11/84

Donna Swink (John)

11538 Wildcat Canyon Rd

Lakeside, CA 92040

619-443-4176 Hm 619-592-1945
Cell

swinkksd@aol.com

BD - Oct 30

Araceli Orona (Vince)

12741 Laurel St #44

Lakeside, CA 92040

619-565-9615

angelthree3@hotmail.com

BD 11/22/57

Raj Zalavadiya

Leo's Lakeside Pharmacy

9943 Maine Ave

Lakeside, CA 9240

619-443-1013

info@leosrx.com

WOMANS CLUB OF LAKESIDE

MINUTES

6/24/21

1. Call to Order:
By Lisa Sharp at 10:15 am
2. Pledge of Allegiance: Lead by Lisa Sharp
3. Inspiration: Provided by Sandie Campbell. Read by Lisa Sharp. "70 - Headed for 80" (How things/priorities change as we age.)
4. Birthday Recognitions:
This month we celebrate:
JUNE: Vivian Nelson 15th, Barbara Dillon 20th, Ruth Miller 25th.
JULY: Martha Maddox 4th, Debbie Miller 9th, Carmen Holt 16th, Andrea Canfield 19th, Pennie McMahon 19th, Lisa Sharp 21st, Doreen Baker 24th.
AUGUST: Judy Trussell 2nd, Esther Croteau 7th, Diane Angus 10th, Barbara Hogue 11th, Cheryl Fuller 12th, Irene Woods 16th, Barbara Whitlock 18th, Mary Scher 18th, Paula Jansen 19th, Gloria Rinehart 20th.
5. Secretary Report: Adrienne Lostaunau
One correction by Esther Croteau: It was she who sponsored the Peace Patrol end of year party, not the Woman's Club.
A Thank You Note from a recipient of Final Honors was received and read to the group. A \$25 donation was also included
6. Treasurer's Report: Martha Kraling
See handout.
\$10954.95 BEGINNING BALANCE 5/18/21
\$182.79 -deposits
\$427.87 Expenditures including \$250.00 -For VFW space for meetings plus other expenditures
\$10,709.87 Final Balance. 6/16/21 .
7. President's Message: Lisa Sharp
 - a. VFW will not allow us to bring in any beverages at our meeting unless it is purchased from them because of beverage control licensing requirements.
8. Unfinished Business:
9. New Business:
Liz Harris has agreed to be the new Membership Chair.
Doreen has sold her house and will eventually be moving to Oregon. We appreciate all that she has done for the club.
10. Chair Reports:
Sewing Circle: Nancy DeGreif - the group has been working on assembling lap quilts. There are more than 30 completed so far. Everyone is invited to join the group. There are many tasks to be assigned or you can bring your own project.

Veterans Affairs: Martha Maddox - VA
Martha is seeking new projects to sponsor in this area for the new year. She mentioned all the club members who shared what they had done this year

Domestic Violence: Pat Meacham / Sandie Campbell

\$142.50 was donated to the Crisis House. We are also taking donations for Crisis House which is designed for women with children. They can use donations for babies such as formula and diapers, etc.

Carolyn Bass reminded everyone of Bunco in Bostonia 10/13/21.

On September 1, 2021 our San Diego Southern Area District picnic will take place. Everyone is encouraged to attend and make a good showing for our Club. It is a good way to support our district. Lisa spoke on the importance of supporting other chapters. It will be on a Wednesday starting at 10:30. Tickets are \$25 per person. Bring your guests!

Lakeside News: Terry Burke

She circulated Pennies for Pines container, reminding us that spare change collectively can add up to significant amounts.

Friends of the Library: Progress is being made on the new site. The library is now open from 10-4 Monday thru Saturday. New renderings will be drawn up and available for viewing. QUILTING BOOKS were donated. Some of these will be designated for check out at the library.

Western Day Parade is still being planned for August 28, 2021. The Theme will be "Thank You to our Health Care Workers". Lisa suggested making a banner or sign for our parade vehicle. The Historical Society will be serving breakfast. Probably from 7-9 am.

Chamber of Commerce: July 22, 2021 there will be a social mixer at Trevi Winery to install new officers.

July 23 & 24 there will be a vintage and collectible sale at the Historical Society.

11. Happy Thoughts - Several members shared happy, interesting and personal thoughts with the group. Lisa, our president, wished everyone a great summer.

12. Collect: Read by Lisa Sharp.

14. Next Meeting: 10:00 am at the VFW.9/23/21

15. Meeting Adjourned 11:30 am.

Respectfully Submitted: Adrienne Lostaunau, Secretary